

Howard County Local Health Improvement Coalition
3.26.15 - 8:30 a.m., Potomac Room
Minutes

Attendees:

Elena Acs, Grassroots
Bob Anantua, Build Haiti Foundation
Mary Ann Barry, Transition Howard County
Leah Blain, Chase Brexton Health Services
Maria Carunungan, HC Health Department
Audra Nixon, AA Community Roundtable of HC
Brian England, British American Auto Care
Liddy Garcia-Buñuel, Healthy Howard
Danielle Herrmann, Evergreen Health Care
Jon Lang, Howard County Dental Association
Kelly McMillan, Howard Community College
Shawni Paraska, Columbia Association
Glenn Schneider, Horizon Foundation
Kate Schulz, United Way of Central Maryland
Arleen Tate, Delta Sigma Theta
Joan Webb Scornaienchi, HC DrugFree
Phyllis Smelkinson, Healthy Howard
Kati Moore, HC Health Department
Jennifer Poliwka, Horizon Foundation

Eric Aldrich, HC General Hospital
Andrew Angelino, HC General Hospital
Paula Blackwell, FIRN
Wauseca Briscoe, Community Member
Liz Clark, Healthy Howard
Marsha Dawson, HC Dept. of Citizen Services
Beverley Francis-Gibson, NAMI
Ronna Gotthainer, HC Health Department
Stu Kohn, HC Citizens Association
Monica Lewis, Healthy Howard
Andrew Monjan, Transition Howard County
Becky Ramsing, Health Promotion on Call
Maura Rossman, HC Health Department
Starr Sowers, HD Dept. of Citizen Services
Au'Sha Washington, Horizon Foundation
Donna Wells, Mental Health Authority
Richard Davis, We Promote Health
Attiya Mer-Blumenstock, FIRN

Also present:

Jeananne Sciabarra, LHIC Program Director
Caryssa Thomas, CCT Administrative Assistant

Alvaro Ortiz, LHIC Program Manager

Meeting Minutes:

1. Opening Remarks-Dr. Maura Rossman:

- Howard County ranks 2nd in the state in health after Montgomery County.
- Howard County looking at initiatives for chronic disease and health promotion, focusing on diabetes and heart disease.
- Cancer is #1 cause of death in Howard County.
- Howard County is an aging community, working on ways to improve quality of life and extend end of life.
- Need to begin to combat physical inactivity in the workplace.

2. Announcements:

- Million Hearts Grant:
 - Quick turnaround grant to be used for diabetes, pre-diabetes, and hypertension education, creating a resource list to be distributed to practices, and developing a video to promote the CCT.
- LHIC Website:
 - Kick-off meeting has been held, and a couple of mock ups have been developed. Plan to have new website up and running by summer.

- Hilltop Data Repository Updates:
 - Doing testing and modeling of data repository to collect data and access from one place.
 - Make more interactive and accessible to people in Howard County.
 - Have given 2012 Howard County Health Assessment data to Hilltop, going to give 2014 data and HSCRC.
 - Hilltop is excited to create model that can be replicated in other jurisdictions.
 - Healthy Aging Work Group Update:
 - Office on Aging finishing up final report on master plan on aging, once completed will get started on developing workgroup. Will be in touch within the next month.
 - LHIC Member Announcements:
 - Get Active Howard County is up and moving - join a group!
 - Horizon Foundation Open Streets demonstration is on June 13. Partnership with Swansfield Elementary, Columbia Association among others. Promoting open streets to help the community be more active in everyday life.
 - Get Active Howard County Healthy Happy Hour 4-25, walk starts at 3:30 (arrive by 3:15), swimming will take place at the end. Flyers to be out in about two weeks.
 - May 13 - HCCA annual meeting, County Executive Alan Kittleman will be speaking. To sign up, visit HowardCountyHCCA.org.
 - "We Walk for Wellness" at North Laurel Community Center on Saturdays from 9:00-10:00, starts 3-28 and runs through 10-31.
 - CPR across Howard County, April 25, 9:00-12:00, free CPR classes, information on HCGH website.
 - North Laurel Community Center - pedestrian master plan feedback session, 3-28 from 1:30-2:30. Howard County officials focusing on making area more walk able and safer.
 - Art folk dance digest at Wildlake Interfaith Center will be held on 4-18.
 - HC DrugFree - Senior Week: Staying Safe in Ocean City - 4-7 at River Hill High School and 4-27 at Mt. Hebron High School.
 - WomenFest will be held on 4-25 from 10-3 and will feature seminars, vendors and health screenings.
3. Approval of 2015-2017 Action Plans:
- Jeananne reviewed the rules around voting and established that a quorum was present.
 - The LHIC voted to approve the 2015-2017 action plans.
4. HCHAS Updates – Au'Sha Washington:
- Howard County Community needs assessment.
 - Set up call centers to get answers to questions that are a concern in Howard County.
 - Used BRFSS, SF12 and our own specific questions for Howard County to form one survey.

- Second installment, made even more comprehensive and user-friendly.
 - Executive Summary explains major trends.
 - Simplicity Metrics created comprehensive infographics.
 - Products should be out this summer.
5. SSB Updates – Glenn Schneider:
- Tremendous success among institutions such as hospitals, child care centers, physicians.
 - Collecting sales data and promotions data has been successful over the last two years.
 - Reducing sugary drink consumption in Howard County about 2 to 3 times more rapidly than national average.
6. Workgroup Updates:
- Healthy Weight-Liz Clark:
 - Approved action plan in December and broke into smaller action item groups.
 - Access to Care-Patricia Omaña:
 - Modeling workgroup after Healthy Weight to break down into smaller action item groups to focus on different aspects of access to care such as language and transportation.
 - Beginning to create a data repository for information.
 - Behavioral Health-Donna Wells:
 - Behavioral Health task force presenting official report to County Executive.
 - Work group also plans to break into smaller action groups.

Respectfully Submitted,
Caryssa Thomas
CCT Administrative Assistant